

# **Physical Education (K-12)**

lowa Teaching Endorsements #146 (K-8) and #147 (5-12)

Degree Awarded: Bachelor of Arts

Requirements for the Major: 79-80 credits

Students who are interested in Physical Education (K-12) must earn a minimum 3.0 GPA in a prescribed liberal arts pre-education program and have a minimum 3.0 cumulative GPA before they are formally admitted to the teacher education program of the University. (See Pre-Education Program and Application for Admission to Teacher Education sections of the catalog).

Physical Education students must earn a minimum 3.0 GPA in coursework required for the major and a minimum 3.0 GPA in coursework required for each additional endorsement pursued. A grade of B or above must be earned in designated courses (B-or above in ENGL-101), and students must earn a grade of C or above in all other courses required for the major, each endorsement, and prerequisite courses. Students must earn a minimum 2.5 cumulative GPA in all college work. Any request for a change in the sequence of curriculum for the Teacher Education Program must be submitted to the Education Department chair for consideration by the Education Department faculty. Successful completion of these requirements and all other University graduation requirements will lead to program completion, which is required for recommendation for licensure in most states including lowa.

**Pre-education Requirements/Pre-requisites for courses in the major:** Minimum 3.0 GPA required (9 credits toward the major plus 12-13 credits toward General Education Core Requirements)

## Essential Competencies-Outcome Iterations \*Transfer courses do not receive outcome iterations\*\*

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|---|------------------|---|------|------------------------|----|---|---|---|----|---|
|   |                  |   |      | Min. grade requirement | IL | W | 0 | Q | GA | V |
| * | ENGL 101 or      | First Year Composition or   | 3 or | B- (101) or            | Х  | Х |   |   |    |   |
|   | ENGL 220         | Academic English for Multilingual Students II   | 4    | B (220)                | Х  | Х |   |   |    |   |
| * | A math course    | Must meet GV General Ed Core  | 3    | С                      |    |   |   | Х |    |   |
| * | A science course | Must meet GV General Ed Core<br>(reminder: one Gen Ed Core course<br>needs to be from a subject other<br>than BIOL) | 3-4  | С                      |    |   |   |   |    |   |
| * | PSYC 101         | General Psychology  | 3    | С                      |    | Х |   |   |    |   |
|   | SPCH 103 or      | Making Connections or   | 3    | В                      |    |   | Х |   | Х  |   |
|   | SPCH 126         | Speaking of Faith and Meaning   |      |                        |    |   | Х |   |    | Х |
|   | EDUC 111         | Introduction to Education   | 3    | В                      |    | Х |   |   |    |   |
|   | EDUC 146         | Psychology and Development for Educators  | 3    | В                      |    |   | Х |   |    |   |

#### Additional Prerequisites for the major: 7 credits

## Essential Competencies-Outcome Iterations \*\*Transfer courses do not receive outcome iterations\*\*

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|   |   |          |                               |   | Min. grade requirement | IL       | W        | 0         | Ø                  | GA      | ٧         |   |
| ĺ | * | BIOL 101 | General Biology I             | 4 | С                      |          | Х        |           |                    |         |           | l |
| ſ | * | KINH 188 | Personal and Community Health | 3 | С                      | Х        |          |           |                    |         |           | l |

<sup>\*</sup>These courses will not be counted in computing the GPA for the major, unless required for the content major or endorsements sought.

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### Remaining Requirements for Physical Education majors (69-70 credits):

Essential Competencies-Outcome Iterations
\*\*Transfer courses do not receive outcome iterations\*\*

|                         |   |           | Min. grade requirement | IL | W | 0 | Q | GA | V |
|-------------------------|---|-----------|------------------------|----|---|---|---|----|---|
| EDUC 243 or<br>EDUC 244 | Instructional Planning & Assessment or Planning and Assessment for Art, Music, and Physical Education | 3 or<br>2 | В                      |    |   | х | Х |    |   |
| EDUC 280                | Social Issues in Education  | 3         | В                      |    |   |   |   | х  |   |
| EDUC 245                | Instructional Technologies  | 2         | C                      | Х  |   |   |   |    |   |
| EDUC 342                | Pedagogies of Exceptional Learners  | 3         | C                      | Х  |   |   | Х | х  |   |
| BIOL 160                | Human Anatomy   | 4         | C                      |    |   |   |   |    |   |
| BIOL 165 or<br>KINH 391 | Human Physiology or<br>Exercise Physiology  | 4 or<br>3 | C                      |    | х |   |   |    |   |
| KINH 281                | Care and Prevention of Athletic Injuries  | 3         | С                      |    |   |   |   |    |   |
| KINH 205                | Lifetime Fitness and Wellness   | 3         | С                      |    |   |   |   |    | ) |
| KINH 213                | Theories and Techniques of<br>Teaching Team Sports  | 3         | С                      |    |   |   |   |    |   |
| KINH 214                | Theories and Techniques of Individual Sports  | 3         | С                      |    |   |   |   |    |   |
| KINH 215                | Concepts in Movement Education  | 3         | С                      |    |   |   |   |    |   |
| KINH 304                | History, Organization, and Administration of Physical Education                                       | 3         | С                      |    |   |   |   |    |   |
| KINH 335                | Adaptive Physical Education   | 3         | С                      |    |   |   |   |    |   |
| EDUC 326                | Physical Education and Health Methods in the Elementary School  | 3         | С                      |    |   |   |   |    |   |
| EDUC 327                | Elementary Physical Education/Health Practicum  | 2         | С                      |    |   |   |   |    |   |
| EDUC 328                | Physical Education and Health Methods in the Secondary School   | 3         | С                      |    |   |   |   |    |   |
| EDUC 329                | Secondary Physical<br>Education/Health Practicum  | 2         | С                      |    |   |   |   |    |   |
| EDUC 415                | Mental Health First Aid/Trauma-<br>Informed Care  | 1         | С                      |    |   |   |   |    |   |
| EDUC 421                | Content Area Reading  | 3         | С                      |    |   |   |   |    |   |
| EDUC 442                | Elementary Classroom Management   | 2         | C                      |    |   |   |   |    |   |
| KINH 371                | Kinesiology   | 3         | C                      |    |   |   |   |    |   |
| EDUC 420                | Elementary Student Teaching   | 6         | C                      |    |   | Х |   |    | , |
| EDUC 425                | Secondary Student Teaching  | 6         | C                      |    |   | X |   |    |   |

Students pursuing a Physical Education degree will obtain a K-12 Coaching Endorsement as part of their coursework.

### Students wishing to add the K-8 and 5-12 Health Endorsements should take the following:

|          |  |   | Min. grade requirement | L | W | 0 | Q | GA | V |
|----------|--|---|------------------------|---|---|---|---|----|---|
| PSYC 277 | Addictive Behaviors  | 3 | С                      |   |   |   |   |    |   |
| PSYC 322 | Marriage and Family  | 3 | С                      |   |   |   |   |    |   |
| BIOL 140 | Introduction to Nutrition  | 3 | С                      |   |   |   |   | Х  |   |
| EDUC 415 | Impact of Mental Health and Trauma on Children/Youth: What to Know to Help | 1 | С                      |   |   |   |   |    |   |

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